



# Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 9 July 25— July 29

## IMPORTANT REMINDERS:

- Our camp rules are “Be safe. Be respectful. Be responsible.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



## LEISURE SKILLS WEEK!

This week our focus will be on teaching campers a variety of lifetime skills. As a secondary focus we will have planned a few special activities in order to give campers a chance to do some of our traditional summer camp activities. **On Wednesday campers will need to bring swimwear in order to participate in our GIANT SLIP & SLIDE activity.**

## THIS WEEK’S HIGHLIGHTS

### Monday

Health Rocks and Archery Day!

In the morning campers will be doing tennis and other active games outside. In the afternoon campers will be participating in our Health Rocks program and doing Archery.

### Tuesday

Tennis and Swimming Day!

In the morning campers will start out with tennis and soccer. Afterwards they will go swimming at Irvingdale Pool from 11:30-1:00. In the afternoon campers will play active games and participate in our first theme activity of the week.

### Wednesday

Theme Activity and Water Day!

In the morning campers will be creating carnival games in order to host a carnival for camp energy on Thursday. In the afternoon campers will do our Slip and Slide (bring your swimming gear!) and play a remake of Family Feud.

### Thursday

Swimming and Craft Challenge Day!

In the morning campers will start out by doing an inactive game and afterwards campers will go swimming at Irvingdale Pool from 11:30 to 1:00. In the afternoon campers will do our craft challenge of the week and active games in the gym.

### Friday

Adventure Golf Field Trip!

In the morning campers will play our camper choice game of the week and then campers will watch our movie of the week. In the Afternoon campers will go to Adventure Golf Center for our field trip. We will leave the center at 12:30pm and return at 2:45pm. When we return campers will participate in our challenge course.

**Fitness Focus:** Muscular Endurance

## PARENT SURVEYS

Please watch next week for our parent surveys. Paper copies will be available at the rec. center and a link to an online version will be made available in the email newsletters for Week 10 and 11. The information we receive is extremely valuable to us as we gauge the effectiveness of our programs.